

# Recruiting Community Chaplaincy Listening Volunteers

The Community Chaplaincy Listening service in NHS Grampian is looking to recruit further volunteers to continue to deliver this service within GP Practices.

Community Chaplaincy Listening (CCL) promotes spiritual wellbeing by offering a listening service in health and social care settings for patients, relatives and staff:

- who are affected by issues of loss and transition, such as grief, relationship problems, stress of work or unemployment
- who need someone to listen to them in confidence

This listening service supports patients to identify and draw upon personal assets that can improve their wellbeing.

## **Specific qualities required of a CCL Listener:**

- recognition of a spiritual dimension to life in self and/or others
- personal resilience
- receptiveness to the pain of others
- high degree of reflexivity
- ability to recognise their own inner process
- accepting and non-judgmental presence
- commitment to person-centred ways of being and doing
- advanced communication skills
- ability to handle raw feelings and emotions
- ability to foster wellbeing and autonomy rather than cultivate neediness and dependency
- ability to hold clear boundaries about issues and relationships
- ability to demonstrate previous experience in active listening

Closing date for applications will be Friday 2<sup>nd</sup> March with interviews in mid-March.

Training will take place from April – June.

It is essential that an informal conversation takes place with the CCL Coordinator before applying.

For more information and an application form, please contact:

Katrina Blackwood, Healthcare Chaplain, CCL Coordinator NHS Grampian.

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